

Education of Themed Class Meeting for College Students

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Abstract: The theme class meeting is an important form of ideological and political education for college students, as well as the main means to carry out the new students' entrance education and the construction of grass-roots classes in colleges and universities. However, there are still some problems such as students' low enthusiasm to participate in class meetings in colleges and universities, which need to be solved urgently. The development of the new era, theme party proposes a bigger challenge in colleges and universities, this article from the themes of the class meeting, content, mode, space and the integration of traditional culture, etc., on the theme class meeting specific innovation measures are put forward, hoping to improve the university managers of theme class meeting management, education and guidance ability, promoting college students' ideological and political education activities, for the growth of college students become valuable reference path.

1. Introduction

When college students enter the university, they often face changes and adaptations in all aspects, and are prone to confusion and confusion. They have strong needs in subjective and objective aspects such as autonomy, sense of belonging, sense of identity and sense of achievement, which need to be paid attention to and guided. Theme class meeting is an important form of ideological and political education work is carried out by the class around a theme has a purpose, organized, planned education activities, promote the classes bind, personal ability to get exercise, form good style of study, meet the demand of college students' growth, to create "nutrition environment" for its success development. At present, themed class meetings in colleges and universities are widely used, with high participation of students and satisfactory overall evaluation. However, there are still many problems, such as inappropriate content, insufficient form attraction, fragmented theme selection and sudden arrangement, which need to be improved in practice.

The themed class meeting of college students is a kind of learning and education activity that takes college students as the main body, relying on the professional guidance of college teachers, and according to the requirements of different themes, it is planned and organized by college students themselves, and all students participate in the study and discussion of a specific problem together with the class as the unit. With the changes and demands of social development, the necessity of carrying out themed class meeting education activities in colleges and universities has been clarified. The development of themed class meeting can not only reflect the work ability of college counselors and head teachers in students' education, management and guidance, but also solve the internal problems of the class. At the same time, the themed class meeting plays a crucial role in the stage when college students establish a correct world outlook, outlook on life and values. To carry out the themed class meeting is an effective way of ideological and political education in colleges and universities, which can cultivate students' comprehensive quality and promote students to become talents better and faster.

2. Analysis of the Problems Existing in College Students' Themed Class Meetings

2.1 The Content Basically Meets the Needs of College Students, But the Form Urgently Needs to Be Improved and The Effect Needs to Be Improved.

Based on the results of the questionnaire, the studio went on to find out "why some students don't like to attend themed class meetings". The main reasons for students' dislike were, in order of importance, lack of attractiveness and occupation of study time. According to the survey, thematic report and experience sharing are the most common forms of thematic class meetings. The main is "on the stage, the audience listening" mode of single infusion, make interesting and attractive is not strong, student participation is low, poor experience, more difficult to motivate the students' empathy and deep thinking, and its actual effect also stay in the aspect of "into", from "into the brain in mind", there is distance causes students think time input value is not strong, the effect of the class meeting held to be promoted.

2.2 The Organizers Do not Have Enough Understanding and Ability, and the Participants Are Passive.

First, the understanding of student organizers is not in place. In most cases, the class cadres are responsible for the main organization of the class meetings. The serious and responsible attitude of the class cadres is the prerequisite for a good class meeting. Some class cadres do not have a good ideological understanding and a strong sense of responsibility. They organize the themed class meeting in a formalized way, which makes it impossible to carry out the themed class meeting effectively as required, and at the same time, it has a bad influence on the class. Second, the rationality and implementation of the theme class meeting plan need to be improved. Adequate preparation is the basis for ensuring the effect. Whether the class can design a reasonable activity plan, it will directly affect the effect of the class meeting, which requires a high level of organizational ability and communication and coordination ability of the organizer. At present, there is more theoretical training for student cadres, but less learning opportunities for specific practical methods of organizing collective activities. Class cadres are prone to problems such as insufficient height, not wide in thinking, and not precise in methods when designing plans for class meetings, and unreasonable assignment of tasks in the preparation process. Third, the effective participation of the head teacher is not enough. The head teacher is the organizer, leader and educator of the class. His participation in class activities obviously affects the students' attention and understanding of this activity. According to the questionnaire survey, 62.5% of the class teachers in our school will participate in the theme class meeting in most cases, mainly to summarize and comment on the class meeting. Due to insufficient attention to class work or busy teaching and research work, a few class teachers failed to give guidance to the theme class meeting. But the individual class teacher to the theme class meeting content understanding is not sufficient, the understanding is not profound, to the ideological and political education method is not familiar with, is not conducive to the theme class meeting organization arrangement, the student's attendance performance and the student to the class meeting content understanding.

2.3 There Is no Guarantee Mechanism, no Supervision in the Organizational Process, and no Smooth Feedback Channel.

The theme class meeting is the way of ideological and political education for college students which is often adopted in our school, but there is still a lack of guarantee mechanism. The school student office, youth league committee, security department and other departments often lack coordination and overall planning, also did not fully understand the students' actual situation and needs of each stage, the class often produce cope with psychology, class meeting effect is difficult to ensure, easy to become a mere formality. The themed class meeting was organized and implemented by the class. When the class encountered problems and difficulties in the organization process, it failed to receive timely support and guidance. The school also fails to fully understand the class meeting held by the class. The summary after the class meeting is not thorough, the

communication and learning between the classes are not enough, the feedback channels are not smooth and timely, and the situation is prone to "anticlimactic".

3. The Value of Themed Class Meetings in Colleges and Universities in the New Era

Cultivate a good teacher-student relationship and show the spirit of teachers and students in the new era. Through the cooperation between teachers and students, the themed class meeting can increase the interaction between teachers and students, establish a good teacher-student relationship, and show the management and education ability of college teachers, as well as the spirit of contemporary college students.

Improve students' language expression ability, innovation ability and social comprehensive practice ability. When carrying out the themed class meeting, the students' union will publish their cognition and feelings on the spot with the help of a certain social hotspot, phenomenon or personal experience. In this process, the students' language organization ability and communication ability can be fully improved to help them better communicate with participants in the society. In the process of organizing and planning the themed class meeting, it can effectively improve students' organizational ability, cultivate students' innovative spirit, and lay a good foundation for students to enter the society in the future.

Improve students' emotional cognition. A successful class meeting can quickly enhance class cohesion and enhance the collective sense of honor; Different class meetings with different themes can stimulate students' different emotional experiences, such as deepening parental affection, enhancing friendship, and putting love in perspective. With a healthy body and mind posture to meet the challenges of the new era.

Improve students' happiness index, and establish correct outlook on life, values and world outlook. College students to learn the living environment in the campus, positive and effective to carry out the theme class meeting, can enrich the campus culture, cultivate the students' cognition and skills, to cultivate the students' self-confidence, set up the correct through cognition, so as to improve the well-being of students, let the students can actively in the face of setbacks and challenges in their lives, with the mindset of sunlight and full of positive energy into the new era of university.

4. Class Meeting Suggested

4.1 Thematic Class Meetings Should Be Systematically Planned.

First of all, the author pays attention to the collection of materials at the beginning of enrollment, including the site materials such as freshman enrollment report, military training and participating in competitions, so as to inadvertently leave the footprints of youth for students. The author presented the collected materials in the class meeting, which improved the class meeting's charisma. After the class meeting, there were students' feedback, some faded memories were remembered by teachers and classmates feel very happy. Secondly, the counselor should earnestly assist the freshmen in the first few themed class meetings after enrollment. Firstly, the instructor should give key guidance to one class, and then take this as an example to train the class leaders of other classes, so as to make a generalization. It is worth noting that in the process of implementation, some counselors are lack of systematic planning for class meetings, actively planning the topics they are familiar with and interested in, and playing down the topics they are not interested in or the class meetings arranged by the school. This "picky eating" behavior loses the significance of ideological education through class meetings, and is not conducive to students' identification with counselors and their work. Finally, the theme of the planning system on the consistency of performance in each period theme class meeting, such as "time where did you go" class belongs to the ideas, not to give students specific, practical guidance, so I need no retreat, demand strong enthusiasm in the students, held "career planning" theme class meeting again, to help students plan, to mobilize students' enthusiasm to consolidate. To consolidate the enthusiasm of students is to consolidate the position

of the effective development of ideological education.

4.2 The Content of the Class Meeting Should Be Close to Students' Characteristics.

The selection of the theme should be based on the actual situation of students' life, and comprehensively consider the characteristics of students' age, grade, psychology, etc., so as to arrange the class meeting content close to the needs of students. The author once organized a class meeting about reading, although the class meeting was well prepared, but because the topic positioning is not accurate, the material is separated from the students' life, the topic beyond the students' existing cognition, so that the whole lack of communication and interaction, the effect is not ideal. The premise of a successful class meeting is to pay attention to students' ideological trends and understand their recent confusion and doubts. Only in this way, can find out the teachers and students agree, help students grow.

4.3 The Class Meeting should be Ideological, Educational and Interesting.

First, clear themes and diverse forms. The example class meeting in this paper USES video, experiment, exchange, experience introduction and other forms, the opening video introduction is fully mobilize the enthusiasm of students, improving the participation of students. To carry out the mobilization before the examination, the construction of the style of study this kind of relatively boring and serious class meeting, if the instructor to preach, convey, the effect is bound to be very small. The example class meeting in this paper was held in an open, vivid and alert way, with the topic of "where has the time gone" as the topic, and promoted the internalization of students' behavior norms in a way that students are more willing to accept, resulting in considerable results. In addition, the choice of places can also be in various forms, such as breaking the tradition of fixed classroom class meeting, let the class meeting place to the playground, to the lawn, to create a sense of freedom and relaxation for students, so that students can easily with the class meeting theme integration. Diversification of forms must pay attention to serve the core content, not to meet the interests of students. Second, control and manage properly. When organizing the theme class meeting, the class committee should work together to determine the theme and form of each theme class meeting through consultation. Anticipate the problems that may appear in the class meeting and the strain method, including the strain to the cold field, the deviation. After interaction, be good at asking questions or making a summary to return to the theme and trigger reflection. Third, lead the experience and share. We should pay attention to the experience and sharing of students in the scene, so that students can identify with each other from the bottom of their hearts and get the sublimation and improvement of their thoughts. The example class meeting of this paper also has the application, for example, in the first link video reproduces the student's ideal goal, reflects on a year's life, in the comparison causes the student to realize the ideal ego and the reality ego gap, thus produces the independent study, the self-management drive. Fourth, the class meeting should take the student as the main body, the participation must be extensive: if it becomes the instructor's speech, the student inevitably rejects; If only student cadres participate, it will virtually open the distance between the class committee and students, destroy class unity. In video of the first part of the example class meeting in this paper, many students participated in the recording and some students participated in the editing. For students who do not like performance, the author also made communication in advance to encourage them to participate in the experimental game. This not only improves the initiative and participation of students, but also improves the universality of themed class meeting education. Fifth, the theme is clear and the goal is unified. When organizing the themed class meeting, counselors should not make use of the problems to turn the class meeting into a criticism meeting or a propaganda meeting. The class meeting with unclear theme will not only destroy the atmosphere of the class meeting and affect the enthusiasm of students to participate, but also have little effect.

4.3 The Class Meeting Should Have a Beginning and End.

At the end of the class meeting, the counselor should make the finishing point of the summary, so that students from the counselor's summary by new inspiration, new truth, find a new realm, set

up a new goal. In addition, counselors should also do a good job of class meeting feedback works, seriously consider the deepening of the theme and consolidation of results. The summary and feedback can not only draw a full stop for this class meeting, but also pave the way for the next class meeting.

5. Summary

College students are in the formation of outlook on life and values, coupled with the complex and changing external environment, as an important means of ideological and political education of college students under the new situation, the role of the class meeting cannot be ignored. Based on my own work experience, this paper studies the existing problems in the current stage of college students' themed class meetings, summarizes the prominent problems in the development of the current stage of themed class meetings, and provides several directions that need to focus on improvement and optimization, so as to make up for the shortcomings of the traditional form of themed class meetings. This paper puts forward several aspects that need to be improved, which have certain reference significance for the future development of themed class meetings, and can further play the function of moral education of themed class meetings, so that educators such as counselors or head teachers can better use this means to achieve the goal of educating students.

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